



## **Custom Care Nursing Home Health “Customized to Fit Your Needs”**

### **Companion**

- Escorting client to appointments and assistance with general errands
- Light housekeeping and basic cooking
- Wash clothes, linens, etc.
- Change bed linen
- Empty trash receptacles, load/unload dishwasher
- Grocery and general needs shopping
- General conversation and companionship

### **Certified Nursing Assistant (CNA)**

Accompany client to medical appointments and document recommendations and doctor's orders.

- Bathing, hygiene/grooming
- Hair/Skin and Oral care
- Assist with dressing and undressing of clothing
- Assist with activities of daily living (ADL)
- Assist with ambulation and assistive devices
- Equipment operation: Hoyer lifts, gait belts, etc.
- Assist with mobility, transferring, turning, positioning
- Assist with active and passive range of motion
- Check and document vital signs, input/output
- Light housekeeping and basic cooking
- Assist with elimination: restroom assistance, catheter care, ostomy care
- Meal preparation
- Assist with feeding
- Encourage/limit fluid intake

### **Medication Aide (CNA/MA)**

- Administer medication: PO, PR, SC and PEG tube
- Straight catheter procedures (performed only after being trained by a nurse)
- Administering subcutaneous insulin injections
- Wound dressing changes, inspect and reinforce dressing
- Includes all duties of a CNA

## **Licensed Practical Nurse (LPN)**

- Order refill medication from pharmacy as authorized by physician
- Dispensing of pill boxes and related supplies
- Administer medications: PO, IM, PR, SC, PEG tube and SL
- Enteral feeding, Bolus feedings, residual checks, flushing
- Catheterizing, catheter care
- Clean catch specimen administration
- Skin Assessment using Braden scale
- Wound care; simple/complex dressing changes
- Includes all duties of a CNA/MA and CNA

## **Registered Nurse (RN)**

- Full body assessment
- Communications to and from physicians
- IV Administration; assessment, flushing, tubing changes
- Care plan management
- Includes all of the duties of LPN,CNA/MA and CNA

